

## **Sample Measurable Compliance Indicators for Determining Impact of Wellness Policy**

### **Process Indicators**

(Provide evidence of implementation and illustrate achievement of short-term goals)

1. Wellness Committee
  - ▶ Number of appropriate members on the wellness committee
  - ▶ Number of meetings held by the wellness committee
2. Policy Development
  - ▶ Number of wellness policy items fully in place
  - ▶ Number of wellness policy items partially in place
  - ▶ Number of wellness policy items under development
  - ▶ Number of wellness policy items not in place
3. Other
  - ▶ Number of staff who participated in training and development related to student wellness

### **Outcome Indicators**

(Provide evidence of application of the program and policy and illustrate achievement of long-term goals)

1. Healthy Weight
  - ▶ Number of students overweight or at-risk of overweight has decreased
  - ▶ Number of overweight or obese staff has decreased
2. Healthy Eating
  - ▶ Number of healthy food items available in vending machines has increased
3. Physical Activity
  - ▶ Physical activity levels of students have increased
  - ▶ Physical activity levels of staff have increased
4. Other
  - ▶ Map scores have improved
  - ▶ Teacher-to-office referrals have decreased
  - ▶ Absenteeism has decreased